

Friends
of the Elderly



Little Bramingham Farm

A Friends of the Elderly Care Home



BUCKINGHAM PALACE
LONDON SW1A 1AA



To you all,

I am proud to be President of Friends of the Elderly. The work of the Charity ensures that older people have access to wonderful support and a safe environment for everyone in your care to live fulfilled and respected lives.

The outstanding and important work undertaken by Friends of the Elderly to embrace people living with dementia as a part of your Dementia Education Programme, is testament to the Charity's commitment to improving the lives of older people.

I send to you all at Friends of the Elderly my warmest good wishes.

A handwritten signature in white ink on a dark blue background, reading "Alexandra".

HRH Princess Alexandra KG GCVO

President

Friends of the Elderly

Supporting older people for over a century

Little Bramingham Farm is part of Friends of the Elderly, a charity that has been making life better for older people since 1905.

From serving up 'Penny Dinners' to WWI veterans to pioneering innovations in dementia care, older people are at the heart of what we do.

Yet we are more than just a charity, we are a family too. Because of this we put the personal into professional care, whether it's through our grant services, home care, day care or our residential homes.

We know that older people as individuals with their own unique stories. Most of all, we believe that the senior years of a person's life should be rich, full and dignified. At Little Bramingham Farm, we have created a space where people can flourish.



Take a look inside Little Bramingham Farm



‘A genuinely lovely place.’

Little Bramingham Farm is a charming, Tudor-style home on the outskirts of Luton in Bedfordshire, with a quaint tearoom for quiet moments and socialising with family, friends and visitors from the community. Our tearoom extends into the picturesque garden with a warm and cosy log cabin.

Welcome to a true home. Welcome to Little Bramingham Farm.

*‘You can use Little Bramingham Farm as an example of how a home should be run, we would recommend this to anyone.’ **

* All quotes are anonymised and taken from latest CQC report.

A historic and listed building, Little Bramingham Farm includes the original farmhouse, as well as a modern purpose-built annexe. Both are surrounded by attractive grounds lovingly maintained by our residents. Some of our team have been with us for many years, creating a real family atmosphere.

Our home is a calm haven away from the urban hustle and bustle, yet close enough to the town centre for shopping and trips. In other words, you get to enjoy the best of both worlds. The stunning Barton Hills National Nature Reserve is also only a short drive away.

Little Bramingham Farm has an overall CQC rating of an ‘Outstanding’.

A special and welcoming place

All rooms at Little Bramingham Farm are light, airy and spacious, many with ensuite bathrooms. You are welcome to personalise your space with small pieces of furniture and treasured mementoes.

There are also a range of bright, light and comfortable communal areas to choose from, including a cosy lounge and a sunny, airy dining room.

Residents also enjoy socialising in the friendly nearby pub, and in the home's own tearoom, or spending time with loved ones in the safe and sheltered garden area. Many people also keep busy tending to the new allotment gardens, which provide lovely fresh produce for meals.



Living life to the full

'They have good activities, with always something on the go and people join in.'

We are proud of our wide, varied and inclusive activities. These include movie nights, exercise groups, yoga therapy, cheese & wine evenings, pub lunch outings and live entertainment. Our pink cava on Mother's Day was particularly popular.

Little Bramingham Farm is also an active part of the local community, with weekly 'baby ballet' classes, activities with pre-schoolers and links to the local college. Our annual Children's Day, plus regular family events in the garden, seasonal celebrations and excursions mean that there's always something to look forward to.

Plus our open visiting hours mean that loved ones can drop by to share a meal, spend time in the garden or join in with our many activities.



Memorable menus

What could be more important than delicious and nutritious food every day?

At Little Bramingham Farm, we believe that mealtimes should be an event. That's why we're passionate about serving quality dishes that will boost your health and happiness. From teatime treats to international cuisine to the best of British, we have something to tempt every taste. Plus our new allotments mean you can expect the freshest produce possible.

All meals are freshly prepared by our professional cooks, who love creating seasonal dishes sourced from specially selected suppliers. We believe in variety, meaning that you can choose from a wide range of menus each day, plus snacks are always available. Most importantly, we will make sure to get to know your individual preferences.



The team work hard to create a pleasant dining experience, which is why many of our residents choose to enjoy their meals together. What's more, you are welcome to have guests join you. And with special themed nights like 'A Taste of France', our meals can be quite lively.

Putting the individual first

At Little Bramingham Farm, we see the individual first. We focus on what a person can do, rather than what they can no longer do. We treat everyone with dignity and consideration.

That is why we don't believe in slotting our residents into categories like 'residential', 'nursing' or 'dementia'. Real people just don't fit into these neat boxes, so we treat everyone as an individual with their own unique needs.

For this reason, we will aim to fit our home around you, instead of expecting you to fit around our home. We will also work with you and your loved ones to create a tailored, regularly updated care package that reflects your preferences.



Personal, professional and passionate staff

'I think it is great that we are a charity because it just feels that our values are very different to everybody else's. I love that we are part of one big family.'

At Little Bramingham Farm, we always say that it is our staff who make us what we are. From our care team to our cleaners to our managers, everyone is highly trained. Our goal is to balance a relaxed and open atmosphere with highly professional care.

We also believe in investing in our people through ongoing learning and development. Some of our staff have been with us for many years, because they know that they can grow here. In fact, it is these long relationships that create the special family feeling at Little Bramingham Farm.



Listening is everything

It is very important to us that older people feel seen and heard. That is why we hold regular Residents' Meetings for sharing ideas and concerns, with relatives welcome to come along.

As well as this, our annual survey is a chance for everyone to give us direct and honest feedback. Plus if there is anything you would like to chat about in private, our manager will always be here for you.

We believe in listening to older people and learning from them, which is why Little Bramingham Farm is always getting better.



Our values

Little Bramingham Farm's core values of Friendship, Appreciation and Respect are at the heart of everything we do. In fact, these values have one thing in common — they are all about putting the person first.

So whether that means offering older people dignified care, taking the time to listen, or just remembering someone's meal preferences, our values shape every single decision.



Our Royal connection

We are proud to have been supported by the Royal Family for over 60 years. Her Majesty The Queen is one of our patrons and Her Royal Highness Princess Alexandra has been our President since 2005. Their support has been invaluable to us.

Our fees

All fees are based on an individual assessment of your needs. Please see the fee insert for further details and please do also speak with the home manager.



Your next steps

We hope that you have enjoyed learning about our beautiful and inclusive home, Little Bramingham Farm. We understand that moving into a care home is a big decision and that you are bound to have more questions. That is why we are here to talk you through it, every step of the way.

In fact, we would love the chance to show you around in person. So why not visit us for lunch, get a feel for our home and chat to our residents? You would be very welcome.



Get in touch

Or if you would like to speak to us on the phone first, you can call **01582 582 433**

Plus you can email us at **littlebraminghamfarm@fote.org.uk** or visit **www.fote.org.uk** for more information.

We really look forward to speaking to you.

Little Bramingham Farm
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From 1905, Friends of the Elderly has cared for older people and supported them to live independent lives, enriched with dignity and respect. From providing 'Penny Dinners' to help older men returning from the First World War in 1918, to ensuring that our services and activities are safe, innovative and dementia-friendly 100 years later, Friends of the Elderly is a charity that has always put people at the heart of all that we do.

Friends of the Elderly Group

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