

# Woking Dementia Day Care

Day care with a family feel

Woking Day Care is run by a dedicated and experienced care team who are trained in supporting people to live well with dementia. We offer a friendly service with a family feel.

The centre is a safe and secure environment designed to feel like home. Our facilities include:

- A bright, airy open plan lounge and dining area where you can enjoy group activities or relax and read a book.
- French doors that open onto a sunny patio and lawn area with garden furniture and raised garden beds.
- An interactive sensory table that provides movement and light activities for you to enjoy.

We are open Monday-Friday (9.30am – 3.30pm) and you can choose to come along for as many days as you would like, from a couple of hours to a full day. We can also help to arrange transport if it's needed.

You and your family can enjoy complete peace of mind knowing your care is in expert hands.



## What can you expect?



We encourage everyone to play an active part in the centre's daily activities, from helping out in the garden to planning outings, or baking treats for everyone to enjoy.

Although our teams plan daily activities around your hobbies and interests, how you choose to spend your day is up to you.

Typical activities include:

- gardening
- quizzes and sing-alongs
- arts and crafts
- baking
- gentle exercise
- reminiscence activities
- trips into our local community, for example lunch at our local pub and cafes

We work closely with the local community to ensure you are supported to stay connected to your surroundings and are able to enjoy everyday life.

While you are with us you can enjoy a light breakfast, lunch and afternoon tea – all prepared by our onsite chefs who ensure a balanced and nutritious diet is maintained.

"Many Many thanks for all the good times and outstanding care the team have given my mum. She found her purpose in life again"

#### Miriam,

Service user's family member, Woking Dementia Day Care\* Friends of the Elderly has been supporting and caring for older people since 1905. Over a century later, we still play an important role ensuring that older people have the opportunity to live fulfilled and respected lives.

Our Woking Day Care service is part of range of local care services Friends of the Elderly provides. We offer additional support at home through our dedicated home care team as well as respite and residential care services in our care home. We also run a range of activities and events for you to enjoy. All of these services are located at our Woking site provided by highly trained care teams you can trust. Please do come and visit us to find out more.

### Contact us today for a friendly chat about how we can support you.

#### **Woking Day Care**

The Bradbury Centre Smiles Place Lavendar Road Woking GU22 8BJ



**Q** 01483 753 652

□ DCWoking@fote.org.uk

www.fote.org.uk



