Contact us today to arrange a visit or for a friendly chat to find out how we can support you:

Wallington Day Care **Cloverdale Court** 10-14 Stanley Park Road Wallington SM6 0EU

Q 020 8669 7398

⊠ DCWallington@fote.org.uk

mww.fote.org.uk





Friends of the Elderly has been supporting and caring for older people since 1905. Over a century later, we still play an important role in supporting people to live well in later life.

m www.fote.org.uk

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Friends of the Elderly 40-42 Ebury Street, London SW1W 0LZ

020 7730 8263

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Wallington Day Care Day Care with a family feel





Wallington Day Care

Run by the charity Friends of the Elderly, Wallington Day Care is managed by a dedicated and experienced care team who are trained in supporting older people with a range of age related conditions, including short term memory loss and dementia. We offer a friendly service with a family feel and many members of our team have worked with us for over ten years.

What can you expect?

Our centre provides a safe and secure environment designed to feel like home. Our facilities include:

- An interactive kitchen with a range of appliances, just like home.
- A bright, airy open plan lounge and dining area where you can enjoy group activities or relax and read a book.
- French doors that open onto a sunny patio and lawn area with garden furniture and raised garden beds.
- · Interactive activities.



We are open:

Monday-Friday (9.00am – 3.30pm) excluding Bank Holidays and you can choose to come along for as many days as you would like. We can also help to arrange transport if it's needed.

You and your family can enjoy complete peace of mind knowing your care is in expert hands.

We encourage all our clients to play an active part in the centre's daily activities, from helping out in the garden to baking treats for everyone to enjoy.

Although our team plan daily activities around your hobbies and interests, how you choose to spend your day is up to you.

Typical activities include:

- Gardening.
- · Quizzes and sing-alongs.
- · Arts and crafts.
- Baking.
- · Gentle exercise.
- · Reminiscence activities.



We work closely with the local community to ensure you are supported to stay connected to your surroundings and are able to enjoy everyday life.

While you are with us you can enjoy a light breakfast, lunch and afternoon tea – all prepared by our onsite team who ensure a balanced and nutritious diet is maintained.

"I love coming to the day centre, a nice sociable place where I have made new friends."

- Maud*

Maud, client Wallington day care*

*some names have been changed to protect privacy.