



A future to look forward to  
Thanks to you and Friends of the Elderly





## Will you please consider a gift in your Will?

Family and friends are our greatest gift in life. At Friends of the Elderly, we know just how vital those relationships are to our wellbeing – every day, we support older people who are struggling to cope with the devastating loss of loved ones, and the loneliness that follows.

That's why we are the first to understand that your loved ones might come first in your Will. Only after you have provided for the things that matter most should you include a gift to Friends of the Elderly – perhaps a gift of whatever is left of your estate (a residuary legacy) would be a good solution.

Then in the future, your gift will help fund incredible work to give vulnerable, frail, sick or lonely older people the companionship, support, and physical care they will need.

Thank you

# To give people like Harry financial aid in times of crisis

There are 1.8 million older people living in poverty in the UK – and the situation is predicted to get worse. One of our most essential services is providing grants to people when they need them – to replace a fridge or oven perhaps, install heating, or make vital repairs.

We provide this service to around 600 older people every year. Without it, they would have no way of coping in an emergency.



*"I wanted to write to you in order to thank you for everything you have done in relation to the contributions for my central heating. I cannot begin to explain how overwhelmed I am at the kindness and support that has been given to me. I can now look forward to winter and feel warm and healthy, instead of shivering and dreading this period." - Harry*

## To foster new friendships between volunteers and older people

Iris volunteers as a befriender, helping to change the lives of many older people. Without our volunteers, we simply couldn't reach so many older people in desperate need. A gift in your Will could help to train more of these wonderful people in the future, to help out at our day clubs, care homes, visit people at home, and call them regularly on the phone.

Our grant giving service also provides support for days out and activities to bring people together.



"My three ladies are part of my life. I enjoy talking to them. I just sit down and off we go. All their needs are different depending on what's going on in their life at any particular time. Sometimes we laugh, sometimes we talk about more serious things. The common thread between them all is the friendship we have and the ability to get their worries off their chest about things that are going on in their lives. Just hearing themselves say it out loud on the phone means it's not going round and round in their head in their long hours on their own." - Iris

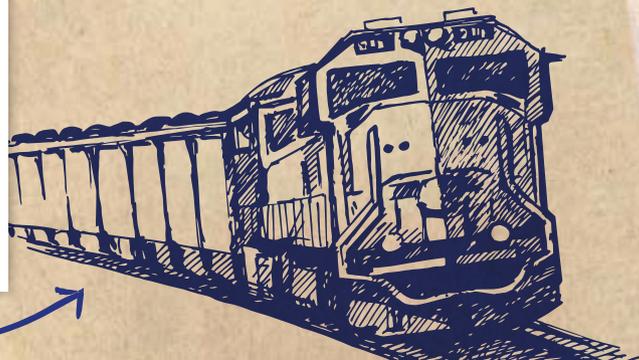
# To help people who are lonely like Ron feel valued, respected and remembered

Our telephone befriending and visiting services provide a listening ear and friendly support to people like Ron, helping them through some of the darkest times they have ever experienced. With more than 1.3 million people aged 85 or over, our befriending services provide a vital lifeline to the outside world and help establish new relationships.

After 34 years of marriage, Ron suddenly found himself alone and going through a divorce. Although he could have spoken to his daughter about his situation, he didn't want to burden her or put her in the middle of her parents. It was a very difficult time for Ron and having no one to talk to made the sudden loneliness even harder.



"Friends of the Elderly has had a huge impact on my life. Everybody needs someone to talk to whether it's to discuss any worries or concerns, as well as happier things that happen in life. Nothing is too much trouble. I can't imagine what my life would be without Friends of the Elderly. They are truly wonderful." - Ron



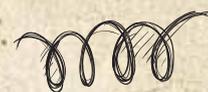


## To ensure someone like Patricia is safe, secure and cared for

Our care homes offer residential, nursing and specialist dementia care, with thoughtful touches such as memory boxes, so older people can continue to connect with their past and their loved ones. We use the latest technology too, such as iPads with interactive touch screens, helping to facilitate better communication, in our care homes and day clubs for people with dementia.

Patricia had spent her life working at the local GP's surgery as a secretary. When she was diagnosed with dementia, her husband, John, became her carer. But after John suffered a heart attack, his doctor advised that he could no longer care for his wife. Patricia now receives round the clock care from Friends of the Elderly, which her husband describes as "safe, secure, caring".

"The higher staff ratios, attention to detail and excellent accommodation have helped Patricia to retain her happy-go-lucky personality. Friends of the Elderly ticks all the boxes." - John





## To give lonely older people opportunities to feel alive, and empowered.

Our *Be a Friend* campaign is reaching more and more people of all ages, helping them to connect with older people in their own neighbourhoods. One in every eight houses is home to a lonely older person, so the growing momentum and reach of this campaign is hugely important.

"I've lived on my own for the last ten years, since my husband passed away. Earlier this year, on my 90th birthday, 20 people on my street showed up at my door, to sing a happy birthday song for me! They gave me a birthday card too. It was very touching I almost cried. It's the small gestures like that that keep you feeling connected to the world around you. The best piece of advice I could give to someone in their 20s is "Be kind to everyone, what you give out is what you get back" and I truly believe that." - Harriet

## Our promises to you when you leave a gift in your Will

- Your family and friends come first.
- You can change your mind at any time.
- You do not need to tell us your intentions, although we'd love the chance to thank you properly if you include a gift in your Will.

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## What to do next

If you don't have a Will, please do visit a solicitor to make one. Only then can you be sure your wishes will be carried out when you're gone. To update your existing Will with small changes, you may wish to use the codicil form and the wording below. Please also take professional advice.

### **To leave a specified percentage of your estate (Residuary Gift)** ←

I give a ....% share of the residue of my estate to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064 to be used for its general charitable purposes and I declare that the receipt of their Treasurer or other proper officer shall be a full and sufficient discharge.

### **To leave a specific amount (Cash Gift)** ←

I give free of tax to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064 the sum of £..... (words and figures) to be used for its general charitable purposes and I declare that the receipt of their Treasurer or other proper officer shall be a full and sufficient discharge. Please index link this gift.



# Response form

The ONLY reason we like to know if you have remembered us in your Will is so that we can say thank you.

I have remembered Friends of the Elderly in my Will

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OR

I would like more information:

please contact me by telephone on .....

please contact me by email on .....

A gift in my Will is not for me

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Name .....

Address .....

..... Postcode .....

**Return to:**

Freepost RTJY-UZKU-BLSE

Supporter Services

Friends of the Elderly

40-42 Ebury Street

London

SW1W 0LZ

**Data protection.** Friends of the Elderly promises to hold your details in accordance with the Data Protection Act 1998 for the purposes of keeping you informed about the work of the charity. We promise not to share your details with other organisations without your permission. If you would prefer not to be contacted by Friends of the Elderly in future please tick here .

**Your support is invaluable. Thank you.**

## Changing your Will – A codicil

Please complete this codicil and have your signature witnessed. Then arrange for this codicil to be stored with the original version of your Will (which may be kept by your solicitor or the person who drafted your Will). We do urge you to take professional advice.

I \_\_\_\_\_ [Name]

of \_\_\_\_\_ [Address]

declare this to be a (first/second\*) codicil to my Will dated \_\_\_\_\_

[\*delete as appropriate]

In addition to any legacies given in my said Will I give to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064

the sum of £ \_\_\_\_\_

or specific item \_\_\_\_\_

or \_\_\_\_\_ % share of my estate

to be used for its general purposes and I declare that the receipt of the Treasurer or duly authorised officer shall be a full and sufficient discharge. In all other respects I confirm my said Will and any other codicils thereto.

Signed \_\_\_\_\_

### Witnessed by:

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Occupation \_\_\_\_\_

Date \_\_\_\_\_

### Witnessed by:

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Occupation \_\_\_\_\_

Date \_\_\_\_\_

Any amendments to this codicil should be initialed by you and the two witnesses.





Royal Patron: HM The Queen.

Registered Office: 40–42 Ebury Street, London SW1W 0LZ. 020 7730 8263. [www.fote.org.uk](http://www.fote.org.uk)

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