



Retired Nurses National Home

DORSET

Hello and a very warm welcome to The Retired Nurses National Home

Thank you for your interest in The Retired Nurses National Home (RNNH).

As Chief Executive of Friends of the Elderly, I am passionate about the quality care we provide across our group.

Our vision is to ensure older people have the opportunity to live fulfilled and respected lives. I am proud the care we provide at RNNH makes this vision a reality.

Within this pack you will find lots of information about the home and the charity, but I believe nothing makes up for visiting the home in person, if you haven't already done so.

I hope you will also have the opportunity to explore RNNH and to meet our fantastic manager and the team.

Most importantly, please do make time to meet our residents – the people who make RNNH such a vibrant and wonderful home.

We look forward to welcoming you soon.

Kind regards



Steve Allen
Chief Executive







Our charity

Since April 2015 the Retired Nurses National Home (RNNH) has been run by Friends of the Elderly, who have been supporting and caring for older people since 1905. Over a century later, Friends of the Elderly still has an important role to play in the individual lives of an ageing population.

The charity is working to ensure that all older people have the opportunity to live fulfilled and respected lives. We do this by providing high quality caring services, giving grants to older people living on a low income and raising awareness of issues such as loneliness.





Our home

The Retired Nurses National Home (RNNH) is a purpose-built, 52 room, residential care home built in the art deco style. The home was originally built for the benefit of the retired nursing community. Today we welcome everyone but retain our links to our heritage including our own archive of nursing history.



You are welcome to personalise your space and bring along small pieces of furniture and personal mementos to ensure you feel at home.

We have a range of communal areas, including a cosy lounge and a bright and airy dining room. In addition, we have a fully equipped hairdressing salon and can arrange for local services to come to the home if there are treatments you would enjoy.



Our staff are always on hand to support you in using the home's amenities and we will work with you to ensure you stay connected with family and friends in whatever way suits you best.

We have lawned gardens, which many of our rooms overlook. Our gardens are fully accessible and include raised garden beds which are enjoyed by our gardening club.

Our approach

At the Retired Nurses National Home (RNNH) we are dedicated to providing individual care with dignity that meets your needs.

We employ an informal, relaxed approach to ensure that we maintain our home from home feel, but we always deliver our care with absolute professionalism.

All our staff, from housekeeping to care and management teams, are trained to the highest standard. We invest in learning and development opportunities for all of our staff to ensure the care delivered is

second to none. To ensure you receive the best possible care, our Quality Team makes regular visits to the home to make sure we are meeting the Care Quality Commission (CQC) guidelines.

Your views are important to us and we hold regular resident and relative meetings to share information about the home and to hear your feedback. We also conduct an annual survey and publish these results with an action plan on what changes we plan to make.



We will work with you to develop a personalised care plan that reflects what you want and need. We review plans on a regular basis, to ensure that all care needs are met.

We can also support you in arranging for the GP to visit and organising other medical appointments with you or on your behalf.

We have an active social calendar developed by our dedicated activities coordinator. From movie nights to exercise groups, family days in the gardens and trips out, you are sure to find something that appeals to you.

We also work with local volunteers who are trained in befriending or delivering activities that support you to lead an active and fulfilled life.

If you value your privacy, or wish to spend time with just your friends and family, our spacious and airy bedrooms and peaceful lounge areas provide relaxing spaces for you to enjoy time alone.

Your family and friends are always welcome to visit. They can drop in at any time, join you for a meal, take part in one of our many activities or just spend time sitting with you in our gardens.





Our food

At the Retired Nurses National Home (RNNH) we recognise how important good quality food is for both your health and happiness. We work closely with our suppliers to ensure every meal is tasty and nutritious.

Our staff work hard to ensure that we provide a pleasant dining experience and many of our residents choose to sit together and socialise over lunch and their evening meal. Guests are also welcome to join you for any of your meals.

All meals are freshly prepared by our on site cooks who plan quality, seasonal menus and you can choose from a wide range of nutritious meals.

We take the time to understand what you like so that you continue to make your own decisions about the food you eat.

A range of snacks and fruit are always available in between meal times for you to enjoy.





Our specialist care

Our care and support services include specialist dementia care, which is delivered by highly trained staff with empathy, dignity and respect.

Our specialist wing for people living with dementia, has a number of specialist dementia design features, but, our ethos is always to focus on you and understand what support we can provide to help you live an active and fulfilling life. We will spend time

getting to know you and what's important to you. We will build up your life story through your own recollections and the support of your friends and family which will help us build your personalised care plan.

Our trained staff support positive well-being and meaningful activities. The relaxed atmosphere and the indoor and outdoor spaces are all designed to provide a homely environment that is friendly and safe.



Visit us

We hope you have enjoyed learning more about our home and we would welcome the opportunity to show you around. We understand it can be a difficult decision to move into residential care and our experienced team are more than happy to talk this through with you and answer any questions you may have. You are welcome to join us for lunch and get a feel for the home and chat to other residents about their experiences.

Retired Nurses National Home



Riverside Avenue
Bournemouth
Dorset
BH7 7EE

Contact us today to arrange a visit.



Call us on 01202 396418



Email us at rnnh@fote.org.uk



Visit us at:

www.fote.org.uk



The Friends of the Elderly Group includes Friends of the Elderly (registered charity number 226064) and its subsidiaries Triangle Community Services, (registered charity number 1016437) and the Retired Nurses National Home (registered charity number 1090202).