## Admiral Nurse Service

As a charity dedicated to supporting older people, Friends of the Elderly aspires to a society where all older people are treated with respect and have the opportunity to live fulfilled lives. We especially support those who are in need due to physical or mental frailty, isolation or poverty.

We achieve this by providing caring services, personalised to the needs of the individual and integrated with local communities, including our Admiral Nurse Service.

## To find out more, please contact our Admiral Nurses Cheryl or Vincent:





#### **Cheryl Rothschild RMN**

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# Admiral Nurse Service

# Support for people caring for someone with dementia





### Support with you in mind

Admiral Nurses are specialist mental health nurses who focus on dementia. They work with family carers and people with dementia to provide specialist support. Working with other professionals, Admiral Nurses seek to improve the quality of life for people with dementia and their carers. They use a range of approaches to help people live more positively with dementia, and develop skills to improve communication and maintain relationships.

#### Our Admiral Nurses are there to support you

- A vital point of contact and support when you have to make tough decisions about care and treatment.
- They will help you cope with changing emotions as the condition advances, and support you throughout your journey.

## Support for family carers

- Skilled assessment of the needs of carers and people with dementia.
- Information and practical advice on different aspects of caring for a relative/friend with dementia.
- Emotional and psychological support for families at the point of diagnosis and throughout the caring journey.
- Development of skills to assist with care-giving and to promote positive approaches to living with dementia.
- Work together to enable family carers to express their wishes and views about the services they receive.
- And support for formal carers, in enhancing their knowledge and promoting the well-being of people with dementia.

