

Innovative dementia day care August 2012

Among Friends Kidderminster, dementia day club, leads the way in using cognitive stimulation therapy with people living with dementia.



Cognitive stimulation therapy is one the latest practices in dementia day care. We are using it at Among Friends Kidderminster with great results.

It's a technique in which small groups of clients are helped to reminisce and socialise using themed activities. We've devised our own 12-week 'Funshop' to involve members in stimulating activities and our Tai Chi classes are also proving popular.