



# Help us care for older people in the future

**Leaving a legacy to Friends of the Elderly**



# Help us care for older people in the future

Do you find the world is changing faster than ever before?

We do.

For over 100 years Friends of the Elderly has witnessed huge changes in the needs of older people.

Back in 1905 when the foundations of our charity were being formed the population of the UK was 38 million and life expectancy was under 50.

Now, we have a population of 61 million, with over 1.3 million aged 85 or over, and this will double in the next 20 years\*. This means the demand on our services will increase at an alarming rate.

Over the years, our supporters have been wonderfully generous in helping us to meet the challenges of an ageing population. Thanks to their generosity we help many older people lead better lives.

Each and every year we directly support over 2,000 older people with grants, visits, phone calls and other services.

But our work is not just about statistics. It is about providing really excellent care and support to those who need us.

Without any doubt we have a great challenge facing us over the coming years to ensure we can continue to help older people in a way which suits their needs and personal circumstances.

**One way you can help us meet this challenge is through a gift in your Will.**

We understand this is not a way everyone wants to help their favourite charities, but we are a small and prudent charity and every gift in every Will makes a huge difference - however large or small.

Each and every legacy to Friends of the Elderly will make a difference to future generations in need of our care and support.

**Please, if the time is ever right for you to remember a charity in your Will, remember Friends of the Elderly.**

With your help we will be there for future generations of older people for as long as they need us. Thank you.

\* Factsheet: 'Older People in the UK, Feb. 2010', Age UK

## SNAPSHOT OF OUR SERVICES



■ **Our care homes:** offer excellent care while allowing residents to remain independent and part of their local community. We offer respite breaks and specialist nursing and dementia care when needed.



■ **Home support:** our home support service offers practical and emotional support, enabling people to stay living independently in their own home. Priority is given to those with dementia, depression or who are socially isolated.



■ **Dementia Day Care:** our dementia day clubs offer person centred specialist dementia care for older people with a diagnosis of dementia. They also provide a well deserved rest for carers.



■ **Befriending:** our telephone befriending and visiting services provide a listening ear and friendly support to lonely or isolated older people.



■ **Financial grants:** support older people whose income does not meet their basic cost of living and fund day trips or respite breaks for small community groups.



■ **Day clubs:** offer exercise, interaction, fun and, in some cases, help with personal care. They support and assist older people to remain living in their own homes.



■ **Support for relatives and friends:** our unique Admiral Nurse service supports carers and relatives of people with dementia in our care homes, who often feel they are coping alone.

Our Friends with Dementia service, offers both a dementia resource library and provides online and face to face support groups.

## What to do next – it is so easy

If you already have a Will, you can make small changes to the Will by using a document called a codicil. A codicil is a legal document that has to be signed and witnessed just like a Will. The example codicil (opposite) may suit your circumstances.

If you do not have a Will and would like help to find a local solicitor, or you would like to know more about how to go about making a Will, please contact us. Our details are on the back of this leaflet.

A simple Will can cost as little as

£40. Having an up-to-date Will brings a great sense of peace of mind and will help reduce anguish and complications for those who would have to deal with your affairs.

### What do I put in my Will if I want to leave Friends of the Elderly a legacy?

If you are kindly considering leaving us a legacy then the wording below can be used in your Will.

We urge you to take professional advice when making or changing your Will and ensure you have considered your family and friends first.

### To leave a specified percentage of your estate (Residuary Gift)

#### Sample wording

I give a .....% share of the residue of my estate to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064 to be used for its general charitable purposes and I declare that the receipt of their Treasurer or other proper officer shall be a full and sufficient discharge.

*This can be as small as 1% of your estate or larger if you wish.*

### To leave a specific amount (Cash Gift)

#### Sample wording

I give free of tax to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064 the sum of £ .....[words and figures] to be used for its general charitable purposes, and I declare that the receipt of their Treasurer or other proper officer shall be a full and sufficient discharge. Please index link this gift.

*This can be any sum of money and every gift in every Will is welcome.*

### Changing your Will – A codicil

Please complete this codicil and have your signature witnessed. Then arrange for this codicil to be stored with the original version of your Will (which may be kept by your solicitor or the person who drafted your Will). We do urge you to take professional advice.

I \_\_\_\_\_ [Name]  
of \_\_\_\_\_ [Address]

declare this to be a (first/second\*) codicil to my Will dated \_\_\_\_\_  
[\*delete as appropriate]

In addition to any legacies given in my said Will I give to Friends of the Elderly, 40-42 Ebury Street, London SW1W 0LZ registered charity number 226064

the sum of £ \_\_\_\_\_  
or specific item \_\_\_\_\_  
or \_\_\_\_\_ % share of my estate

to be used for its general purposes and I declare that the receipt of the Treasurer or duly authorised officer shall be a full and sufficient discharge. In all other respects I confirm my said Will and any other codicils thereto.

Signed \_\_\_\_\_

#### Witnessed by:

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Occupation \_\_\_\_\_

Date \_\_\_\_\_

#### Witnessed by:

Signature \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Occupation \_\_\_\_\_

Date \_\_\_\_\_

Any amendments to this codicil should be initialed by you and the two witnesses.





**“I’ve decided to leave Friends of the Elderly a legacy to help them continue to provide the desperately needed day centres like the one which so helped mum.”**

## Response form

The ONLY reason we like to know if you have remembered us in your Will is so that we can say thank you.

I have remembered Friends of the Elderly in my Will

OR

I would like more information:

please contact me by telephone on .....

please contact me by email on .....

please visit me

I would be interested in attending an event to find out more about leaving a gift in my Will to Friends of the Elderly

A gift in my Will is not for me

Name .....

Address .....

..... Postcode .....

**Return to FREEPOST:**

Legacy Team  
Friends of the Elderly,  
FREEPOST LON 10034,  
London SW1W 0YJ

**Data protection.** Friends of the Elderly promises to hold your details in accordance with the data protection Act 1998 for the purposes of keeping you informed about the work of the charity. We promise not to share your details with other organisations without your permission. If you would prefer not to be contacted by Friends of the Elderly in future please tick here

**Your support is invaluable. Thank you.**



Over the years our supporters have been wonderfully generous in enabling us to meet the challenges of an ageing population.

Thanks to their generosity we help many older people lead better lives.



**Friends of the Elderly**

40-42 Ebury Street,  
London SW1W 0LZ  
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[www.fote.org.uk](http://www.fote.org.uk)

Registered Charity Number 226064



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