

(Company limited by guarantee and not having a share capital)

Report and Financial Statements for the year ended 30 September 2009

Registered Company No: 133850

Registered Charity No: 226064

# (Company limited by guarantee and not having a share capital)

# Report and Financial Statements For the year ended 30 September 2009

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# **Reference and Administrative Information**

# 1) Charity Name

Friends of the Elderly

# 2) Registered Office

40-42 Ebury Street London SW1W 0LZ

#### 3) Registration Numbers

Charity No. 226064

Company No. 133850

# 4) Company Secretary

Mr P Brearley

#### 5) Trustees

Mr K Rubie (Chairman) 1,4

Mrs J E Orford (Joint Vice-Chairman) 1,2,4 (retired

31 December 2009)

Rear-Admiral A Wheatley CB (Joint Vice-Chairman) 1,2,4

(retired 30 June 2008)

Mr S Dawes (Hon. Treasurer & Joint Vice-Chairman)) 1

Mr D Brazier 1,3

Mr M Burdes 4 (appointed 19 March 2009)

Mr M Cardale 1 (appointed 19 March 2009)

Viscount Devonport 1,4

Mrs S Hudson 2,3

Mrs V Pendock (Joint Vice-Chairman) 3

Mr P C Robinson 3

Mr M van der Schalk 1,4

Ms S A Taylor 2

Ms P Wright 2

Mrs F C de Zoete 3

- 1. Member of the Finance & General Purposes Committee
- 2. Member of the Charity Services Committee
- 3. Member of the Fundraising & Public Affairs Committee
- 4. Member of the Property Committee

#### 6) Executive Board

Mr R Furze (Chief Executive)

Mr P Brearley (*Director of Finance & ICT*)

Mr P Cottrell (Director of Property)

Mr J Gould (Director of Human Resources)

Mrs L Long (Director of Residential Care)

Ms J O'Boyle (Director of Fundraising)

Mrs J Sykes (Director of Community Services)

# 7) Registered Auditor

Mazars LLP Times House Throwley Way Sutton, Surrey SM1 4JQ

### 8) Bankers

HSBC plc 89 Buckingham Palace Rd Belgravia London SW1W 0QL

# 9) Investment Managers

Cazenove Capital Management Limited 12 Moorgate London EC2R 6DA

#### 10) Solicitors

Anthony Collins 134 Edmund Street Birmingham B3 2ES

Bircham Dyson Bell 50 Broadway Westminster London SW1H 0BL

# Report of the Members of the Governing Council For the year ended 30 September 2009 (incorporating the Directors' Report)

The members of the Governing Council present their report which includes the administrative information set out on page 3 and the audited financial statements for the year ended 30 September 2009 which have been prepared in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities" issued in March 2005.

# Structure, Governance and Management

Friends of the Elderly was formed as a Trust in 1905, incorporated as a company limited by guarantee in 1914, and registered as a charity in 1964. The governing documents of the Charity are its Memorandum and Articles of Association. Trustees are appointed by the Governing Council of the Charity subject to formal election at the following Annual General Meeting. Thereafter they hold office for a period of three years which is usually renewed for a further three years. After the completion of six years, Trustees are eligible for re-election on an annual basis. All new Trustees take part in a formal induction programme and receive regular training.

The Charity has three subsidiaries – The Smiles Home for Invalid Ladies, Potential Limited, which is a development company, and Friends of the Elderly Trading Limited. There are five smaller charities under the common control of the Charity including The Sir Thomas Lipton Charity as from 1 January 2009.

The Trustees, all of whom are Directors of the Charity and who constitute its Governing Council, are shown on page 3. The Trustees meet six times a year and in addition Trustees meet in sub-committees to consider matters relating to finance and investment performance, property, charitable services, fundraising and public affairs, and the overall analysis of risk within the Charity. The Charity's defined benefit pension scheme, which was closed in 1996, has its own Trustee board which is chaired by a member of the Finance and General Purposes Committee.

During the year two new Trustees were appointed. The Governing Council warmly welcomes Mark Cardale and Martin Burdes.

The day-to-day management of the Charity is delegated to the Chief Executive and other senior members of the management team who constitute the Executive Board, and during the year the Charity employed on average 328 full time and 279 part time staff supplemented where necessary by agency staff. Of these staff 492 worked within the care homes, 71 within the community services, and 44 were based at the Charity's central office in London with responsibility for fundraising, marketing and the general management and administration of the Charity.

In addition to its Trustees, none of whom receive remuneration, the Charity benefits greatly from the active involvement of many volunteers who contribute their time and skills as members of homes' support groups, home visiting and telephoning older people in their own homes, helping in day centres, on sub-committees of the Governing Council, and as fundraisers and ambassadors of the Charity.

#### Risks

Trustees, in conjunction with senior management, have identified and reviewed the major risks to which the Charity is exposed and systems are in place to manage such risks. Considerable efforts have continued over the last twelve months at all the Charity's homes and community services to ensure thorough risk assessment of all aspects of the environment for residents, service users and staff. The benefits of this work continue to be seen in the relatively low level of reportable incidents and claims.

# Responsibilities of the Members of the Governing Council

Company law requires the Trustees to prepare financial statements for each financial year. Under that law the Trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- comply with applicable accounting standards, subject to any material departures disclosed and explained in the financial statements; and

# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

• prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

#### Statements as to disclosure of information to auditors

So far as the Trustees are aware at the time the report is approved:

- there is no relevant audit information of which the charity's auditors are unaware, and
- the Trustees have taken all steps they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

# **Objectives and Activities**

The main objects of the Charity arising from its Memorandum of Association are:

- a) To run care homes for older people, providing residential, nursing, and other (eg dementia) care.
- b) To relieve poverty, suffering and distress among older people in the community.

Its mission is to support older people, particularly those in need due to frailty (including mental frailty), isolation or lack of adequate resources. The charity does this by providing high quality caring services, personalised to the needs of the individual, integrated with local communities and dedicated to promoting the independence, well-being, dignity and peace of mind of each person with whom we work.

It seeks at all times to carry out this mission in line with its stated values which reflect its founding Christian principles and lead it to be an inclusive organisation, which respects each individual regardless of race, religion, gender, social circumstances, age or sexual orientation. The Trustees confirm that they have complied with their duty in section 4 of the Charities Act 2006 to have due regard to Public Benefit guidance published by the Charity Commission when reviewing the Charity's objectives and activities and in planning future activities.

The Charity offers high quality residential and nursing care in its fourteen care homes, some with dementia units. It supports older people to stay living in their own homes with a range of community services including welfare grants for those in financial need, day care, home support, home visiting and telephone befriending. In January 2009 the Charity became corporate Trustee of the Sir Thomas Lipton Charity which owns a care home in Southgate, North London. At the end of the year it also managed one care home on behalf of Hanover Housing Association and provided management support to a care home owned by the Foundation of Lady Katherine Leveson.

Welfare grants and allowances are given by the Charity to enable older people in financial need to maintain their independence and quality of life in their own homes. Grants and allowances are given in accordance with the objectives of specific trusts and endowed charities or as agreed by Trustees through the Charity Services Committee.

#### Review of Activities in the Year

#### Charitable Activities

#### **Homes**

A total of 474 care beds were under the management of the Charity at the year end with a continuing focus on maintaining and improving the quality of care provided and planning for increasing the number of people who benefit from the Charity's homes.

The fees charged by the Charity for residential and nursing care in its Homes are set at levels to meet the on-going costs of providing high quality care and to maintain sufficient reserves to meet planned maintenance costs.

# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

During the year an average of 27% of the care beds were under spot contracts with local authorities or the NHS to ensure that access to its care is not restricted to those who can afford to pay the fees. This represented a subsidy of £1.3 million against normal fees.

High occupancy levels were achieved during the year despite a higher turnover of residents within the homes following the deaths of increasingly frail residents. This indicates the success of the Charity's work in caring for older people within its own residential and nursing homes and dementia units. Demand for high quality care remains strong and more beds are needed especially for people with dementia. The level of care required by residents continues to increase as people live longer and enter care homes at an older age. The homes have received good inspection reports from the Care Quality Commission (CQC) with all but one currently achieving good or excellent ratings.

Improvements in the quality of care have been achieved through continuing investment in the homes. Staff levels are increased to meet the higher level of care needed by residents as they become more frail and to make available more activities for residents. The activities programme is making a real difference to quality of life across the care homes and this continues to be developed. Training of staff remains a priority with a continuation of recent innovations in junior management training and dementia training for all staff. This year we have prioritised our work on end of life care and have enrolled all our care homes on the Gold Standards Framework programme. One of our nursing homes has already received accreditation under this programme.

During the year we appointed an Admiral Nurse to support people with dementia and their relatives and carers. The Admiral Nurse focuses on the relatives and carers of people who have moved into a care home or are considering that transition. The support has been warmly welcomed and is proving very effective.

Investment in the buildings has continued with the implementation of a programme of repairs and upgrading of the fabric and equipment. This programme is related to a formal process of condition appraisal carried out across the Charity on an annual basis.

### **Community Services**

The Charity continued to support older people who live in their own homes by running community services that are person-centred and that aim to improve older people's well-being. Services include day care and home support as well as home visiting and tele-befriending. During the year we supported over 690 people in these services many of whom had dementia or depression. External reviews of these services have been uniformly excellent.

Our services fit well the Government policy agenda's continual emphasis on the importance of preventative services and the move toward further personalisation. Unfortunately the policy emphasis is not usually supported by funding locally and it is becoming increasingly difficult to access grant funding. In addition charitable trust monies are more available for new work rather than established services, albeit delivering strong outcomes. As a result we are having to review pricing policies for some of these services to ensure their continuance and that we continue to offer services to those in need regardless of their ability to pay.

Staff are trained to high standards and there is a significant training programme to meet the needs of those clients who have dementia.

During the year the Charity was successful in its bid to run a Demonstrator Site for peer support in Woking in response to the Governments' National Dementia Strategy. This exciting new service, 'Friends with Dementia' will be based at the Charity's Bradbury Centre and will be undertaken in partnership with Surrey County Council and the local PCT.

#### Welfare Grants

At the beginning of the year the Trustees made available an additional £50,000 to meet the expected increase in demand for grants as more older people suffered financial hardship as a result of the economic recession. As a result during the year the number of older people who received either one-off grants for essential household items or regular allowances to supplement their very low incomes increased to 954 (2008:797). A total of 6,742 older people benefited from projects funded by Friends of the Elderly, including Halstead Day Centre which organises day trips to the Essex coast and Meeting Point which organised a Christmas lunch for 50 older people who would

# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

have normally spent Christmas alone. Support continued for a number of highly effective projects such as the Woking Buggy which provides older people with transport for shopping trips.

### **Development Work**

During the year further preparations were made for the construction of a dementia unit in Malvern and for the extension of the dementia unit at The Old Vicarage Home in Moulsford, Oxfordshire. Planning permission was achieved in Malvern and contracts have now been let for a start early in 2010. Work in Oxfordshire commenced in Autumn 2009.

During the year negotiations were also concluded for the relocation of the day club in Kidderminster, Worcestershire to larger, more suitable premises.

The transfer of the corporate trusteeship of The Sir Thomas Lipton Charity to the Charity took place on 1 January 2009 under the terms of a Charity Commission order dated 15 December 2008. Investment continues to be made into the care home on the site and this home has recently received an Excellent rating from CQC.

The Charity took part in two environmental projects, one facilitating research groups with older people to input into a research project on reaching out to older audiences with environmental messages, and the other reviewing the impact of climate change on the strategic management of the Charity.

# Fundraising and Public Affairs

Total income from donations and legacies of £1,163,788 was 6.3% higher than that achieved in 2007/08. Income used for on-going operations fell 3% but this was more than made up for by income for capital developments. In these areas of fundraising and communications:

- Income from legacies maintained the strong performance of the previous year and increased by a further 3.5% and accounted for 51% (2008 52%) of donations and legacy income.
- Total trust income increased by 31% compared to 2007/08. The focus for trust fundraising in the year was for The Peace of Mind Appeal to raise funds for a new capital development to build a specialist dementia care home in Malvern.
- The overall growth in income reflects the implementation of the approved fundraising strategy which has a specific focus on increasing income from major gifts.
- The Charity continued to raise awareness of services at a local level and launched the new Friends of the Elderly Admiral Nurse Service to the sector press.

#### **Employees**

Friends of the Elderly operates an Equal Opportunities Policy in relation to its staff. The Charity recognises its obligations towards disabled people and endeavours to provide employment for them as the work being undertaken allows.

The Charity's commitment to develop further the quality of care provided by its staff was taken forward during the year by:

- The introduction of a competency based performance management system to develop skills and ensure a consistency in the application of these skills and behaviours across all managers in the Charity.
- The full introduction of elearning for all statutory training in the Charity.
- Improving staff awareness of the values of the Charity through workshops.
- Continuing the dementia training programmes for staff working in the dementia units and the Community Services and dementia awareness training for all other staff.
- Preparing for accreditation by Investors in People across the whole charity.

The Trustees would like to express their gratitude for the hard work, dedicated care and commitment of the excellent staff teams working in all parts of the Charity.

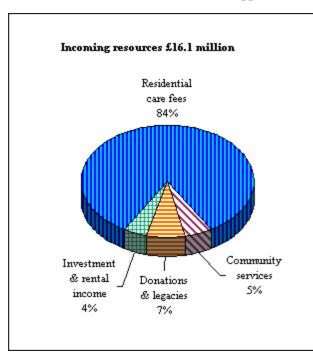
# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

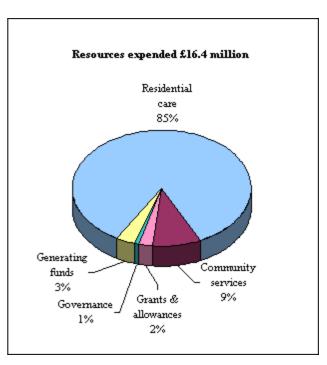
#### **Financial Review**

The year's total incoming resources of £16,143,413 were 15.9% more than in 2007/08 whilst the year's total resources expended of £16,400,556 were 17.1% higher that in 2007/08. The net impact of the increase in income and expenditure was net outgoing resources from operations (ie an operating deficit) of £275,143 (2007/08: deficit of £73,581).

The increase in the operating deficit and the increases in total income and expenditure reflect:

- The challenging recessionary economic environment which reduced unrestricted fundraised income and investment income.
- A full year of operating the four care homes acquired in April 2008 following the ending of the joint venture with Hanover Housing Association.
- The merging of the operations of the Sir Thomas Lipton Charity with those of the Charity in January 2009.
- Growth in income from care homes due to increased fees and strong occupancy levels which averaged 91.4% during the year (2007/08: 90.1%). This higher income was used to meet increases in expenditure within the homes for staff and other direct costs, and investment in refurbishment decoration, carpets, furniture, electrical and heating maintenance etc.
- The growth in income and expenditure for community services as day centre and home support services were developed.
- Additional grants to meet the increase in need as more older people suffered financial hardship as a result of the economic recession.
- The growth in donations for capital expenditure following the launch of The Peace of Mind Appeal to raise funds for a new capital development to build a specialist dementia care home in Malvern.
- Firm control of both direct costs and support costs.





The statement of financial activities also shows the impact of:

- The merger, at no cost to the Charity, with the Sir Thomas Lipton Memorial Hostel which brought in net assets valued at £2,156,184 including investments valued at £1,271,920 (2007/08: donated properties valued at £3,082,000 from Hanover Housing Association).
- A surplus on the sale of the final parcel of land in Woking of £409,204 (2007/08: £494,834).
- Unrealised gains on investments, net of realised losses, which increased funds by £555,843 (2007/08: funds reduced due to unrealised losses net of realised gains of £1,404,464).

# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

The value of the investment portfolio rose during the year by £1,827,336 (20.3%) (2007/08: a fall of 13.6%) as a result of the above unrealised gains as stock market values recovered some of their earlier losses in the second half of the year, and the merger with the Sir Thomas Lipton Memorial Hostel. Investment values continued to rise after the year end and showed an additional unrealised gain of £98,000 in the quarter to 31 December 2009.

The investment portfolio consists of:

- An Income Fund for endowed investments and a Balanced Fund for other investments managed by Cazenove Investment Management. It is held largely in a range of Common Investment Funds (CIFs), which include UK equities, UK fixed interest, hedge funds and property with the aim of protecting the capital in real terms whilst providing a secure and growing level of income. Losses of £8,726 were realised during the year which were more than offset by unrealised gains of £564,569. The Income Fund and Balanced Fund achieved total returns of 10.15% and 9.91% respectively during the year which compare favourably to benchmark returns of 8.56% and 8.18% based on UK market indices for the underlying investments. Income yields were 4.33% and 3.92% respectively.
- Shares in the Charities Official Investment Fund (COIF) managed by CCLA Investment Management Limited. 64% of the COIF shares by value at 30 September 2009 were accumulative shares. The shares showed unrealised gains of £95,354 (7.5%). (2008: 24% unrealised losses). The income yield on the non-accumulative shares was 4.7%.

Tangible assets increased partly as a result of the inclusion of assets held by The Sir Thomas Lipton Charity. Further details of fixed assets are shown in note 10 to the financial statements. At the year end there were expenditure commitments of £160,000 mainly in relation to the redevelopment of the Charity's Malvern site.

During the year the sale of the third tranche of land adjoining the Bradbury Centre in Woking by Potential Limited, the Charity's development company, to a contractor was completed. This enabled Potential Limited to repay a further £316,792 of the loan it received in 2006/07 from the Charity which is secured against the land.

The Trustees remain satisfied that the value at which freehold properties are shown in the financial statements is appropriate.

The net movement on funds for the year, including funds from the merger, net unrealised gains on investments and the pension scheme actuarial loss, was £2,824,788 (2007/08: £2,098,789). Unrestricted reserves, excluding those designated for a specific purpose, increased from £2.6m to £3.3m which constituted an increase in the number of months unrestricted expenditure covered by reserves from 2.4 months to 2.6 months.

#### Reserves

General or "free" reserves are retained at a level designed to protect the Charity's work in the event of unforeseen and significant changes in its financial position. Trustees believe that a target for unrestricted reserves covering approximately 3 months expenditure is a reasonable benchmark. Principles underlying these decisions are:

- Maintaining adequate working capital particularly during a time of redevelopment of the residential portfolio;
- Ensuring sufficient funds are available to allow the Charity to honour its commitments to its residents, many of whom are subsidised, and to those supported by its community services;
- Ensuring that regular Welfare allowances can continue.

The Trustees recognise that expenditure coverage at the year end, although an improvement over the year, fell below the target by 0.4 months. However, taking the above principles into account, the Trustees are satisfied that the reserves are sufficient to fulfil the Charity's immediate obligations and to allow it to plan sensibly for the future.

Designated funds are funds set aside by Trustees for particular purposes as described in note 15 of the financial statements. These funds include the book value of property and fixed assets in use for the Charity's activities which grew by 5.3% in the year. Other designated funds are largely held for development purposes and the net decrease in these funds during the year includes a transfer into the fund of £200,000 from the surplus on the sale of land offset by funds utilised for development.

# Report of the Members of the Governing Council For the year ended 30 September 2009 (continued)

#### **Investment Policy**

The Trustees employ Investment Fund Managers on a discretionary basis to manage the portfolio. Their work is undertaken within broad investment parameters set by the Trustees which take regard of acceptable levels of risk and the balance between income and capital appreciation requirements. Their performance is measured against appropriate industry benchmarks. The Investments Committee, which reports to the Finance and General Purposes Committee, meets regularly with the Fund Managers to review performance and consider changes to the portfolio to respond to market conditions.

#### **Pensions**

Details of the Charity's pension schemes are shown in Note 19. The accounts for the Friends of the Elderly Pension and Life Assurance Scheme (1978) (Closed) comply with the additional disclosure provisions of FRS17. This defined benefit (final salary) Scheme showed a deficit at 30 September 2009 of £39,300 (2008: surplus £299,900) which has been recognised in the balance sheet as a long term liability. This valuation was prepared by the Scheme Actuary for the purpose of these accounts.

The Charity also participates in two additional pension schemes following the transfer of staff from Hanover Friends to the Charity from April 2008. The Scottish Voluntary Sector Pension Scheme and the Career Average Revalued Earnings (CARE) Pension Scheme are multi-employer defined benefit schemes.

#### Plans for the Future

Following further progress with implementation of the Strategic Plan last year the key priorities for the next financial year include:

- Ensuring that all the Community Services are ready to meet the Personalisation agenda by increasing the flexibility of each service to meet the individual needs of clients.
- Developing additional Community Services using new funding models.
- Commencing building of the new Dementia Unit in Malvern.
- Completing enlarging of the Dementia unit and related facilities in Moulsford, Oxfordshire.
- Planning for future development on our Coulsdon site.
- Completion of first stage dementia training for all our staff teams.
- Progressing Gold Standards Framework training at all our Care Homes to support excellent End of Life Care
- Embedding our new Admiral Nurse service within our other support work for people with dementia and their carers.
- Continuing the awareness of values programme.
- Achieving Investors in People accreditation for the whole charity.
- Development of Friends with Dementia in Woking.
- Launching a new Appeal Board to assist with new fundraising development.

#### **Annual General Meeting**

The Annual General Meeting of the members of Friends of the Elderly will be held on 18 March 2010.

# **Auditors**

A resolution for the re-appointment of the auditor, Mazars LLP, will be proposed at the Annual General Meeting. By order of the Council

Peter Brearley
Company Secretary

12 February 2009

# Independent Auditors' Report to the members of Friends of the Elderly for the year ended 30 September 2009

We have audited the financial statements of Friends of the Elderly for the year ended 30 September 2009 which comprise the Consolidated Statement of Financial Activities, the Consolidated Balance Sheet, the Charity Balance Sheet, the Consolidated Cash Flow Statement and the related notes. The financial statements have been prepared under the accounting policies set out therein.

# Respective responsibilities of the Trustees and auditors

The Trustees' (who are also the directors of the company for the purposes of company law) responsibilities for preparing the Report of the Members of the Governing Council and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and for being satisfied that the financial statements give a true and fair view are set out in the Responsibilities of the Members of the Governing Council.

Our responsibility is to audit the financial statements in accordance with relevant legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

This report, including our opinion, has been prepared for and only for the charity's members, as a body, in accordance with Sections 495 and 496 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members, as a body, for our audit work, for this report, or for the opinions we have formed.

We report to you our opinion as to whether the financial statements give a true and fair view, have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and have been prepared in accordance with the Companies Act 2006. We also report to you whether, in our opinion, the information given in the Report of the Members of the Governing Council is consistent with those financial statements.

In addition we report to you if, in our opinion, the charity has not kept adequate accounting records, if the charity's financial statements are not in agreement with the accounting records and returns, if we have not received all the information and explanations we require for our audit, or if certain disclosures of Trustees' remuneration specified by law are not made.

We read the Report of the Members of the Governing Council and consider the implications for our report if we become aware of any apparent misstatements within it.

# **Basis of audit opinion**

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Trustees in the preparation of the financial statements, and of whether the accounting policies are appropriate to the charity's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion we also evaluated the overall adequacy of the presentation of information in the financial statements.

# Independent Auditors' Report to the members of Friends of the Elderly for the year ended 30 September 2009 (continued)

# **Opinion**

In our opinion:

- the financial statements give a true and fair view of the state of the charity's affairs as at 30 September 2009 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- the financial statements have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- the financial statements have been prepared in accordance with the Companies Act 2006; and
- the information given in the Report of the Members of the Governing Council is consistent with the financial statements.

Mazars LLP, Chartered Accountants (Statutory auditors)
Nicola Wakefield (Senior statutory auditor)
Times House, Throwley Way, Sutton, Surrey, SM1 4JQ
Date

# **Consolidated Statement of Financial Activities** For the year ended 30 September 2009 (Incorporating the Income and Expenditure Account)

		Unrestricted funds	Restricted funds	Endowment funds	Total 2009	Total 2008
	Notes	£	£	£	£	£
Incoming resources						
Incoming resources from generated f	unds					
Donations and legacies	3	723,661	440,127	-	1,163,788	1,094,624
Investment income	4	274,655	234,870	-	509,525	590,261
Incoming resources from charitable of	activities					
Residential care fees		13,370,267	60,203	-	13,430,470	11,225,943
Community services income		777,507	6,541	-	784,048	702,229
Management fees		29,045	-	-	29,045	143,700
Other incoming resources	5	226,537	-	-	226,537	175,272
Total incoming resources		15,401,672	741,741	-	16,143,413	13,932,029
Resources expended						
Cost of generating funds						
Fundraising costs		244,646	200,845	_	445,491	444,495
Public affairs costs		34,788	7,150	_	41,938	65,113
Investment management costs		26,019	22,430	-	48,449	54,434
		305,453	230,425	-	535,878	564,042
Charitable activities						
Residential care		13,510,663	323,794	4,547	13,839,004	11,584,062
Community services		1,386,796	74,119	, -	1,460,915	1,242,128
Grants and allowances payable		266,972	120,835	-	387,807	312,740
Management services		29,045	-	-	29,045	143,700
		15,193,476	518,748	4,547	15,716,771	13,282,630
Governance costs		147,907	-	-	147,907	158,938
Total resources expended	6	15,646,836	749,173	4,547	16,400,556	14,005,610
Net (outgoing) resources						
from operations		(245,164)	(7,432)	(4,547)	(257,143)	(73,581)
Assets from merger and donated	2 & 3	1,467,466	269,844	418,874	2,156,184	3,082,000
Surplus on sale of land		409,204		<u> </u>	409,204	494,834
Net incoming resources						
before transfers		1,631,506	262,412	414,327	2,308,245	3,503,253
Transfers	15 & 16	(207,995)	207,995	-	-	-
Net incoming resources before					<u> </u>	
realised gains on investments		1,423,511	470,407	414,327	2,308,245	3,503,253
Realised gains/(losses) on investments	1(g)	2,868	410	(12,004)	(8,726)	591,078
Net income for the year		1,426,379	470,817	402,323	2,299,519	4,094,331
Other recognised gains/(losses)						
<ul><li>on investment assets</li></ul>	11(a)	260,069	54,376	250,124	564,569	(1,995,542)
– pension scheme actuarial (loss)	19	(39,300)	-	-	(39,300)	-
Net movement in funds		1,647,148	525,193	652,447	2,824,788	2,098,789
Reconciliation of funds						
Total funds brought forward		23,255,385	823,911	4,601,964	28,681,260	26,582,471
Total funds carried forward	15 to 17	24,902,533	1,349,104	5,254,411	31,506,048	28,681,260

# **Consolidated Statement of Financial Activities For the year ended 30 September 2009**

(Incorporating the Income and Expenditure Account) (continued)

All the above amounts relate to continuing activities.

The notes on pages 18 to 37 form part of these financial statements.

As all gains and losses are shown above, no Statement of Total Recognised Gains and Losses has been presented.

# Balance Sheets As at 30 September 2009

		Conso	lidated	Cha	rity
		2009	2008	2009	2008
	Notes	£	£	£	£
Fixed assets					Restated
Tangible assets	10	19,578,380	18,655,643	17,735,668	16,695,997
Investments	11	19,378,380	8,986,981	10,015,443	8,310,351
mvestments	11	30,392,697	27,642,624	27,751,111	25,006,348
				<u> </u>	
Current assets					
Debtors	12	701,283	891,836	775,830	1,385,599
Cash		2,131,385	1,810,071	2,103,606	1,697,039
		2,832,668	2,701,907	2,879,436	3,082,638
Creditors					
Amounts falling due within one year	13	(1,680,017)	(1,663,271)	(1,759,532)	(1,671,383)
Net current assets		1,152,651	1,038,636	1,119,904	1,411,255
Pension scheme liability	19	(39,300)	-	(39,300)	-
Net assets	14	31,506,048	28,681,260	28,831,715	26,417,603
Represented by:					
Unrestricted funds:					
Designated funds	15	21,543,767	20,631,462	19,983,113	19,009,544
General reserves	15	3,358,766	2,623,923	3,361,294	3,062,288
		24,902,533	23,255,385	23,344,407	22,071,832
Restricted funds	16	1,349,104	823,911	1,349,104	823,911
Endowment funds	17	5,254,411	4,601,964	4,138,204	3,521,860
		31,506,048	28,681,260	28,831,715	26,417,603

The financial statements on pages 13 to 37 were approved by the members of the Governing Council on 11 February 2010 and were signed on its behalf by:

# S Dawes Honorary Treasurer

The notes on pages 18 to 37 form part of these financial statements.

# **Consolidated Cash Flow Statement For the year ended 30 September 2009**

	Note	2009 £	2009 £	2008 £	2008 £
Net cash inflow from operating activities	1		79,102		169,440
<b>Returns on investment</b>			509,525		590,261
Cash from merger			27,929		-
Capital expenditure and Financial investment					
Purchase of investments		(1,314,780)		(2,086,292)	
Purchase of fixed assets		(735,669)		(494,567)	
Receipts from sales of investments		683,712		2,237,750	
Receipts from sale of assets		440,000		560,934	
			(926,737)		217,825
Net cash (outflow)/inflow			(310,181)		977,526

Short term deposits are included as cash.

# Reconciliation of Net Cash Flow to Movement in Net Funds For the year ended 30 September 2009

	2009	2008
	£	£
Movement in net funds during the year	(310,181)	977,526
Net funds at 1 October 2008	2,709,971	1,732,445
Net funds at 30 September 2009	2,399,790	2,709,971
Cash invested	268,405	899,900
Cash at bank	2,131,385	1,810,071
Total cash at 30 September 2009	2,399,790	2,709,971

# **Note to the Cash Flow Statement**

# 1. Reconciliation of net (outgoing) resources to net cash inflow from operating activities

	2009 £	2008 £
Net (outgoing) resources from operations	(257,143)	(73,581)
Investment income	(509,525)	(590,261)
Depreciation	634,519	522,648
Surplus on disposal of assets	40,535	-
Increase/(decrease) in debtors	209,508	(307,044)
(Increase)/decrease in creditors	(38,792)	617,678
Net cash inflow from operating activities	79,102	169,440

The notes on pages 18 to 37 form part of these financial statements.

# Notes to the Financial Statements For the year ended 30 September 2009

# 1 Accounting policies

# (a) Basis of accounting

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value and certain classes of fixed assets which have been re-valued. The financial statements have been prepared in accordance with the Companies Act 2006, the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" published in March 2005, and applicable accounting standards.

Comparative figures have been restated due to reconsideration of the connected charities, one of which was previously incorporated into the Charity's own accounts but which has now been treated as a subsidiary and consolidated.

#### (b) Consolidation

The financial statements have been consolidated to include the results of Potential Ltd and Friends of the Elderly Trading Ltd, both wholly owned subsidiaries of Friends of the Elderly, and of The Smiles Home for Invalid Ladies, an unincorporated charity which is administered and managed by the members of Friends of the Elderly who are also its Trustees. The financial statements of the Charity include The Sir Thomas Lipton Charity, a registered charity of which the Charity became sole Trustee on 1 January 2009 (see note 2), and individual funds, some of which are also separately registered charities, as shown in note 21. No separate Statement of Financial Activities or Income and Expenditure Account has been presented for the Charity alone as permitted by paragraph 397 of the SORP. The net movement in funds for the Charity was a surplus of £2,414,112.

#### (c) Fund Accounting

General reserves are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of the various restricted funds is set out in the notes to the financial statements.

Endowment Funds are restricted funds and comprise of properties used for specific purposes and investments where only the income generated can be expended. The aims and use of these funds are set out in the notes to the financial statements.

Investment income and gains/(losses) are allocated to the appropriate fund.

#### (d) Incoming resources

Residents and other service users' fees, government grants, management fees and investment income are accounted for when receivable. Legacies are accounted for when received or when entitlement arises, it is reasonably certain they will be received and amounts can be measured with sufficient reliability. Donations are accounted for when received and related gift aid when receivable.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# (e) Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Support costs, which include management and administration costs incurred in Central Office and by staff with regional responsibilities, have been allocated to the Charity's activities based on time spent.

Governance costs are the costs associated with the governance arrangements of the Charity and relate to the general running of the Charity as opposed to those costs associated with fundraising or charitable activity. Included within this category are the operations of the Governing Council and the costs of strategic, constitutional, audit and other statutory matters.

Welfare grants are awarded in line with the provisos of specific trusts or in accordance with policies regularly reviewed by the Governing Council.

#### (f) Tangible fixed assets and depreciation

Tangible fixed assets are capitalised and included at cost or valuation including any incidental expenses of acquisition.

Depreciation is not charged on freehold land nor on expenditure on assets in course of construction or not yet in use. Depreciation on other tangible fixed assets is charged so as to write off the full cost or valuation less their residual values over their expected useful lives at the following rates:

Freehold buildings -Leasehold buildings (over 50 years) -Leasehold buildings (under 50 years) -Fixtures and fittings -

Office and domestic equipment -

Motor vehicles -Computer equipment - 2% of cost or valuation per annum2% of cost or valuation per annum

Over term of lease

10-20% of cost per annum 10-331/3% of cost per annum 25% of cost per annum 331/3% of cost per annum

#### (g) Investments

Investments are valued at the mid-market price ruling at the balance sheet date which gives rise to unrealised gains/(losses) which are included in the Statement of Financial Activities. Realised gains/(losses) arising on the disposal of investments during the year are separately disclosed in the Statement of Financial Activities. These are calculated by deducting the cost from the sales proceeds.

#### (h) Operating leases

Rentals under operating leases are charged to the Statement of Financial Activities as they fall due.

#### (i) Pension scheme

Prior to 1 October 1996 the Charity operated a defined benefit pension scheme; the benefits of the employees in this scheme have been preserved. The scheme is valued under FRS17 Retirement Benefits and is described in Note 19.

Since 1 October 1996 the Charity has operated a defined contribution scheme, the assets of which are held in an independently administered fund. Contributions are charged to the SOFA as they become payable.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

Since 1 April 2008 the Charity has participated in the Scottish Voluntary Sector Pension Scheme and the CARE Pension Scheme, both of which are multi-employer defined benefit schemes as described in Note 19.

# 2 Merger

As stated in note 1(b) above, on 1 January 2009 the Charity became the sole Trustee of The Sir Thomas Lipton Charity, previously called The Sir Thomas Lipton Memorial Hostel. No consideration was paid on this merger. The merger has been accounted for by the acquisition method of accounting.

The net movement in funds of The Sir Thomas Lipton Charity for its financial year ended 31 December 2008 was £(399,157).

The net movement in funds of The Sir Thomas Lipton Charity from the date of merger to the balance sheet date included in the consolidated accounts is £32,798.

The value of assets and liabilities transferred was:

Fixed assets	${f \pounds}$
Tangible fixed assets at net book value	77,216
Revaluation of property	815,700
Investments	1,271,920
Current assets	
Debtors	18,956
Short term deposits	10,519
Cash at bank and in hand	<u>17,410</u>
Total assets	2,211,721
Liabilities	
Creditors falling due within one year	(55,537)
Funds	2,156,184

The funds at the date of merger have been included in the Statement of Financial Activities for the year.

# **3** Donations and legacies

	Unrestricted funds	Restricted funds	Total funds 2009	Total funds 2008
	£	£	£	£
Donations				
The Clothworkers' Foundation	22,000	_	22,000	22,000
The John Ellerman Foundation	-	25,000	25,000	25,000
Garfield Weston Foundation	-	100,000	100,000	-
The Dowager Countess Eleanor				
Peel Trust	-	5,000	5,000	-
PF Charitable Trust	-	5,000	5,000	-
Other	205,337	213,159	418,496	479,174
Legacies	496,324	91,968	588,292	568,450
	723,661	440,127	1,163,788	1,094,624
Donated properties:				
Hanover Housing Association	-	-	-	3,082,000
				=======================================

# **Notes to the Financial Statements**

# For the year ended 30 September 2009 (continued)

# 4 Investment income

	Unrestricted funds £	Restricted funds	Total funds 2009 £	Total funds 2008 £
Dividends from listed investments Interest on cash and short term	203,267	234,870	438,137	453,867
deposits	71,388	-	71,388	136,394
	274,655	234,870	509,525	590,261

# **5** Other incoming resources

	Unrestricted funds	Restricted funds £	Total funds 2009	Total funds 2008 £
Rental income	226,537	-	226,537	175,272

# 6 Total resources expended

	Activities directly undertaken	Grant funding of activities	Support services	Total 2009	Total 2008
	£	£	£	£	£
Cost of generating					
funds					
Fundraising costs	431,174	-	14,317	445,491	444,495
Public affairs costs	28,600	-	13,338	41,938	65,113
Investment management					
costs	40,625	-	7,824	48,449	54,434
Charitable activities					
Residential care	12,809,226	-	1,029,778	13,839,004	11,584,062
Community services	1,307,321	_	153,594	1,460,915	1,242,128
Grants and allowances					
payable	66,486	298,617	22,704	387,807	312,740
Management services	17,242	-	11,803	29,045	143,700
Governance costs	26,478		121,429	147,907	158,938
<b>Total resources</b>					
expended	14,727,152	298,617	1,374,787	16,400,556	14,005,610

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 7 Allocation of support costs

Cost type	Cost of generating funds	Charitable activities	Governance £	Total 2009 £	Total 2008 £
Staff costs	21,005	721,084	84,227	826,316	791,272
Premises costs	3,406	116,939	10,986	131,331	119,006
Depreciation	1,265	43,414	5,071	49,750	46,411
Other costs	9,803	336,542	21,145	367,390	389,515
	35,479	1,217,979	121,429	1,374,787	1,346,204

# 8 Net movement in funds for the year

Net movement in funds for the year is stated after charging:	2009 £	2008 £
Staff costs (see Note 9)	11,512,761	9,684,658
Depreciation of tangible fixed assets (Note 10)	634,519	522,648
Auditors' remuneration	19,508	17,221
Professional indemnity insurance	5,686	6,597
Surplus on sale of fixed assets	409,204	494,834

The professional indemnity insurance is in respect of Trustees, committee members and staff. Cover included 22 Trustees and committee members (2008:22).

# 9 Staff costs

	2009 No.	2008 No.
Full time	328	294
Part time	279	254
	607	548
Staff costs were as follows:	£	£
Salaries	9,153,363	7,532,870
Social security costs	745,160	638,401
Pension costs	386,066	329,118
	10,284,589	8,500,389
	<del></del>	

Agency and contract costs of £1,228,172 were incurred during the year (2008: £1,184,269).

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

The number of staff whose emoluments plus taxable benefits amounted to over £60,000 during the year were as follows:

	No.	No.
£60,001 $-$ £70,000	2	1
£70,001 - £80,000	-	-
£80,001 - £90,000	1	1

The trustees received no remuneration for their services (2008:Nil). During 2009 no amounts were paid on behalf of Trustees, including expenses reimbursed (2008: one Trustee, £191).

# 10 Tangible fixed assets

Consolidated	Freehold & Long Leasehold Property	Short Leasehold Property	Fixtures/ Equipment and Vehicles	Total
	£	£	£	£
Cost or Valuation				
At 1 October 2008	19,785,402	155,946	3,179,811	23,121,159
Merger assets	900,301	-	65,984	966,285
Additions	240,218	-	495,451	735,669
Disposals	(80,796)	-	(331,724)	(412,520)
At 30 September 2009	20,845,125	155,946	3,409,522	24,410,593
Depreciation	<del></del>			
At 1 October 2008	2,352,185	73,356	2,039,975	4,465,516
Merger assets	32,268	-	41,101	73,369
Charge for year	313,865	2,546	318,108	634,519
Disposals	-	-	(341,191)	(341,191)
At 30 September 2009	2,698,318	75,902	2,057,993	4,832,213
Net book value				
30 September 2009	18,146,807	80,044	1,351,529	19,578,380
Net book value				
30 September 2008	17,433,217	82,590	1,139,836	18,655,643

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 10 Tangible fixed assets (continued)

Charity	Freehold & Long Leasehold Property £	Short Leasehold Property £	Fixtures/ Equipment and Vehicles	Total £
Cost or Valuation	<b>≈</b>	*	*	<b>3</b> €
At 1 October 2008 restated	17,725,050	155,946	3,179,811	21,060,807
Merger assets	900,301	-	65,984	966,285
Additions	245,651	_	495,452	741,102
Disposals	-	-	(331,724)	(331,724)
At 30 September 2009	18,871,001	155,946	3,409,523	22,436,470
Depreciation		<del></del>		
At 1 October 2008 restated	2,251,479	73,356	2,039,975	4,364,810
Merger assets	32,268	-	41,101	73,369
Charge for year	283,159	2,546	318,109	603,814
Disposals	-	-	(341,191)	(341,191)
At 30 September 2009	2,566,906	75,902	2,057,994	4,700,802
Net book value				
30 September 2009	16,304,095	80,044	1,351,529	17,735,668
Net book value				
30 September 2008	15,473,571	82,590	1,139,836	16,695,997

The freehold buildings used as homes were revalued at 30 September 1995 by the members of the Governing Council based on an informal valuation performed by independent professionally qualified valuers. Buildings constructed since that date are included at cost. Freehold buildings transferred during in 2008 and 2009 were valued by the members of the Governing Council, having taken advice from independent professionally qualified chartered surveyors and valuers, at an existing use value using a formula based on the turnover of the homes.

On an historical cost basis land and buildings would have been included at the following amounts:

	2009 £	2008 £
Cost	12,692,891	12,362,639
Aggregate depreciation based on cost	(1,780,901)	(1,584,688)
	10,911,990	10,777,951
Difference between historical cost depreciation charge and the actual depreciation charge for the year based on the revalued amount.	117,649	58,841

At the year end the Charity and Group had capital commitments of £160,000 (2008: £250,000).

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 11 Fixed assets – Investments

# (a) Cost or valuation

	Investments			Investments in Subsidiaries			Charity
	Listed	Non-Listed	Cash	Total	<b>Smiles</b>	Trading	Total
	£	£	£	£	£	£	£
							Restated
At 1 October 2008	0.007.001		200 000	0.006.001	(696 622)	10.002	9 210 251
	8,087,081	1 271 020	899,900	8,986,981	(686,632)	10,002	8,310,351
Additions	1,314,780	1,271,920	-	2,586,700	(137,192)	-	2,449,508
Disposals	(683,711)	(1)	-	(683,712)	54,957	-	(628,755)
Net gain/(loss) on disposal	(8,726)	-	-	(8,726)	2,217	-	(6,509)
Net (loss)/gain on revaluation at 30 September 2009	469,215	95,354	-	564,569	(42,226)	-	522,343
Net movement in cash		_	(631,495)	(631,495)		_	(631,495)
At 30 September 2009	9,178,639	1,367,273	268,405	10,814,317	(808,876)	10,002	10,015,443
Cost at 30 September 2009	9,191,300	95,067	268,405	9,554,772	(806,260)	10,002	8,758,514

The subsidiaries included above are The Smiles Home for Invalid Ladies (Smiles), and two trading companies - Potential Limited and Friends of the Elderly Trading Limited (dormant).

Summary of results of subsidiaries for the year ended 30 September 2009:

	The Smiles Home for Invalid Ladies £	Potential Limited £
Incoming resources / Total income	38,468	740,413
Resources expended / Expenditure	(69,174)	(742,797)
(Deficit) / (Loss) Other recognised gains	(30,706) 40,009	(2,384)
Net movement in funds / Result for the year	9,303	(2,384)
Net assets at 30 September 2009	2,711,325	1,785

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# (b) Analysis of listed investments

	Unrestricted	Restricted	Endowment	Total	Total
	funds	funds	funds	2009	2008
	£	£	£	£	£
Fixed interest – UK	1,387,164	197,321	1,654,469	3,238,954	2,982,288
Equities – UK	2,308,917	328,438	2,317,755	4,955,110	4,026,268
Equities – International	114,857	16,338	-	131,195	105,331
Hedge funds	238,124	33,873	247,782	519,779	550,841
Property	152,832	21,740	159,029	333,601	422,353
	4,201,894	597,710	4,379,035	9,178,639	8,087,081

# 12 Debtors

	Consolidated		Charity	
	2009	2008	2009	2008
	£	£	£	£
Fee debtors	291,047	524,803	291,047	524,803
Amounts due from subsidiary undertakings	-	-	16,752	48,817
Other debtors	192,152	194,734	181,739	254,680
Prepayments and accrued income	218,084	172,299	218,084	172,299
Loan to subsidiary	-	-	68,208	385,000
	·			
	701,283	891,836	775,830	1,385,599

A secured loan of £1,500,000 was made to Potential Limited in the year to 30 September 2007 on sale of land in Woking to Potential Limited by the Charity. The loan is repayable when the land is sold by Potential Limited. £316,792 was repaid during the year in addition to £500,000 repaid in the year to 30 September 2007 and £615,000 repaid in the year to 30 September 2008. Interest on the loan is charged at the Bank of England base rate at 0.5% (5.0% at 30 September 2008).

# 13 Creditors: amounts falling due within one year

	Consolidated		Charity	
	2009	2008	2009	2008
	£	£	£	£
Trade creditors	717,406	678,584	640,321	626,750
Amounts due to subsidiary undertakings	-	-	156,600	59,946
Other creditors	309,360	413,218	309,360	413,218
Taxation and social security	174,218	144,472	174,218	144,472
Accruals and deferred income	479,033	426,997	479,033	426,997
	1,680,017	1,663,271	1,759,532	1,671,383

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 14 Analysis of net assets between funds

Fund balances at 30 September 2009	Consolidated Unrestricted funds	Consolidated Restricted funds	Consolidated Endowment funds	Consolidated total
Represented by:	£	£	£	£
Tangible fixed assets	19,265,245	-	313,135	19,578,380
Investments	4,960,585	909,640	4,944,092	10,814,317
Current assets	2,396,020	439,464	(2,816)	2,832,668
Current liabilities	(1,680,017)	-	-	(1,680,017)
Pension scheme liability	(39,300)	-	-	(39,300)
	24,902,533	1,349,104	5,254,411	31,506,048
	Charity Unrestricted funds	Charity Restricted funds	Charity Endowment funds	Charity total
	£	£	£	£
Tangible fixed assets Investments	17,704,591 4,970,587	- 909,640	31,077 4,135,216	17,735,668 10,015,443
Current assets	2,468,061	439,464	(28,089)	2,879,436
Current liabilities	(1,759,532)	-	(20,00)	(1,759,532)
Pension scheme liability	(39,300)	_	_	(39,300)
1 choisin belieffic fluority				
	23,344,407	1,349,104	4,138,204	28,831,715

#### 15 Unrestricted funds

Unrestricted funds are analysed on the following page and include designated funds which consist of:

- a) Development funds are amounts set aside by the Trustees to be used towards the cost of new buildings and substantial redevelopment of existing properties, where these can be made viable for the long-term future, significant cyclical maintenance and major development costs in the area of fundraising. Funds utilised in the year relate to expenditure on property development not funded from restricted funds.
- b) Community Services funds are amounts set aside to develop new Community Services and to sustain existing projects whilst other funding is identified.
- c) The Property in use and other assets fund represents the net book value of the residential homes and of equipment which is used currently for the provision or residential care.

The net transfer of £207,995 from restricted funds shown in note 16 represents unrestricted funds expended to generate restricted income.

# FRIENDS OF THE ELDERLY Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 15 Unrestricted funds

		Designated	d Funds			
	Development	Community Services	Property & Fixed assets in use	Total Designated funds	General reserves	Total
Consolidated	£	£	£	£	£	£
As at 1 October 2008	2,099,109	246,155	18,286,198	20,631,462	2,623,923	23,255,385
Merger funds	_	-	892,916	892,916	574,550	1,467,466
Surplus on sale of land	-	-	-	-	409,204	409,204
Transfers from restricted funds (Note 16)	-	-	-	-	(207,995)	(207,995)
Investment Gains (net)	-	-	-	-	262,937	262,937
Pension scheme actuarial loss	-	-	-	-	(39,300)	(39,300)
Capital Expenditure (net)	-	-	323,150	323,150	-	323,150
Transfer to designated funds	200,000	-	-	200,000	(200,000)	-
Funds (utilised)	(245,039)	(21,703)	(237,019)	(503,761)	(64,553)	(568,314)
As at 30 September 2009	2,054,070	224,452	19,265,245	21,543,767	3,358,766	24,902,533
Charity	£	£	£	£	£	£
As at 1 October 2008 restated	2,099,109	246,155	16,664,280	19,009,544	3,062,288	22,071,832
Merger funds	-	-	892,916	892,916	574,550	1,467,466
Transfers from restricted funds (Note 16)	-	-	-	-	(207,995)	(207,995)
Investment Gains (net)	-	-	-	-	262,937	262,937
Pension scheme actuarial loss	-	-	-	-	(39,300)	(39,300)
Capital Expenditure (net)	-	-	409,378	409,378	-	409,378
Transfer to designated funds	200,000	-	-	200,000	(200,000)	-
Funds (utilised)	(245,039)	(21,703)	(261,983)	(528,725)	(91,186)	(619,911)
As at 30 September 2009	2,054,070	224,452	17,704,591	19,983,113	3,361,294	23,344,407

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 16 Restricted funds

Constituted and Charles	Balance 1	Incoming	For the Allies I	Merger funds, gains on investments & transfers	Balance 30 September
Consolidated and Charity	October 2008 £	resources £	Funds utilised £	£	2009 £
Funds for the upkeep of resident		r	£	æ	æ
The Smiles Home	-	38,468	(38,468)	_	_
The Sir Thomas Lipton Charity	_	-	-	16,435	16,435
Other homes funds	100,937	235,988	(155,105)	-	181,820
	100,937	274,456	(193,573)	16,435	198,255
Funds for residents' subsidies	<del></del>				
House of Nunn	-	49,989	(49,989)	_	-
Stuart Trust	-	28,239	(28,239)	_	-
William Edmonds	-	17,421	(17,421)	_	-
Innholders	-	45,600	(45,600)	-	_
		141,249	(141,249)	<u> </u>	
Funds for community projects					
Home support	-	32,048	(30,000)	-	2,048
Home visiting	8,753	7,205	(8,170)	_	7,788
Day clubs	194	8,624	(3,487)	-	5,331
	8,947	47,877	(41,657)	-	15,167
Funds for grants and allowances					
Plender fund	33,783	4,148	(27,154)	4,825	15,602
Vaisey fund	22,023	1,267	(126)	1,475	24,639
Gentlefolks Help fund	33,929	1,364	(1,336)	1,588	35,545
City of London Welcare Ass.	530,280	19,836	(36,991)	23,087	536,212
Other funds	78,814	79,117	(93,199)		64,732
	698,829	105,732	(158,806)	30,975	676,730
Capital funds					
Malvern Appeal	-	161,942	-	-	161,942
The Sir Thomas Lipton Charity	-	-	-	277,220	277,220
Other	1,388	3,000	(612)		3,776
	1,388	164,942	(612)	277,220	442,938
Other restricted funds	13,810	7,485	(5,281)		16,014
Costs of generating donations & legacies	-	-	(207,995)	207,995	-
	13,810	7,485	(213,276)	207,995	16,014
Total	823,911	741,741	(749,173)	532,625	1,349,104

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 17 Endowment funds

At 30 September 2009, the endowment funds are made up of 20 individual funds which have been set up at various times over a period of many years. The different funds vary considerably in size; the larger of these are shown separately. Some of the funds are also separately registered charities (details are given in Note 21). With the exception of The Smiles Home and other small property trust, these funds are represented mainly by fixed asset investments which have been pooled into a common fund known as the Income Fund. Investment income is shown together with its utilisation within Restricted funds (Note 16).

Consolidated	Balance 1 October 2008	Donations and gains/(losses) on investments net of utilisations	Merger funds	Balance 30 September 2009
	£	£	£	£
Funds for the upkeep of residential homes				
Davenham and cottages	557,795	25,863	-	583,658
Woodcote Grove	129,536	6,526	-	136,062
The Smiles Home	1,080,104	36,103	-	1,116,207
Redcot	75,831	3,820	-	79,651
The Sir Thomas Lipton Home	-	21,522	418,874	440,396
Other funds	45,395	2,287	-	47,682
	1,888,661	96,121	418,874	2,403,656
Funds for residents' subsidies				
House of Nunn	1,031,977	51,991	-	1,083,968
Stuart Trust	578,812	29,370	-	608,182
William Edmunds	359,649	18,120	-	377,769
Other funds	50,023	2,502	-	52,525
	2,020,461	101,983	-	2,122,444
Funds for grants and allowances				
Harry Livesey	102,460	5,162	-	107,622
William Lambe	281,146	14,165	-	295,311
James Mew	140,516	7,648	-	148,164
Other funds	168,720	8,494	-	177,214
	692,842	35,469	-	728,311
Total	4,601,964	233,573	418,874	5,254,411
Charity As above but excluding The Smiles Home		4		
Total	3,521,860	197,470	418,874	4,138,204

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 18 Operating leases

	Property		Other	
	2009	2008	2009	2008
	£	£	£	£
Within 2 to 5 years	-	-	15,175	15,175
Over 5 years	51,500	59,728	-	-

#### 19 Pension schemes

# **Group Personal Pension Plan**

Since 1 October 1996 the Charity has operated a defined contribution scheme available to new and existing members. During the year AXA replaced Standard Life as the provider of the scheme. The pension cost relating to this scheme represents contributions payable by Friends of the Elderly and amounted to £386,066 in the year (2008 - £329,118).

#### Friends of the Elderly Pension and Life Assurance Scheme (1978) (Closed)

Until 30 September 1996, the Charity operated a defined benefit scheme in the UK, the Friends of the Elderly Pension and Life Assurance Scheme (1978) (Closed). The Pensions Act 2004 required the Trustees of the Scheme to obtain an actuarial valuation of the technical provisions (ie liabilities) of the Scheme as at 1 October 2006 and to prepare a recovery plan if the assets were insufficient to cover the technical provisions. The actuarial valuation issued on 14 December 2007 showed the value of the assets at 1 October 2006 to be £1,360,000, which matched that of the technical provisions, and stated that the Trustees do not need to draw up a recovery plan. A schedule of contributions showing a nil contribution as from 1 January 2008 was agreed between the Scheme and Employer and certified by the Actuary.

The following disclosures have been provided by the Actuary to meet the requirement of FRS 17 Retirement Benefits for the purposes of these accounts. The net liability has been included in these accounts as an actuarial loss on the Statement of Financial Activities and as a pension scheme liability on the Balance Sheet. An actuarial valuation of the liabilities was carried out at 30 September 2008.

# Employee benefit obligation

The amounts recognised in the balance sheet are as follows:

	30.09.09	30.09.08
	£	£
Present value of funded obligations	810,600	734,300
Fair value of Scheme assets	(771,300)	(1,034,200)
Amount (surplus) not recognised as an asset	-	299,900
(FRS17 paragraph 41 refers)		
Net liability	39,300	

The assets valued below are in the form of an insurance policy invested in a with-profits fund with the Equitable Life Assurance Society. The value has been taken as the policy value that would have been available had all members retired on 30 September 2009. The value shown is not necessarily the value that would be available were the policy to be surrendered.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

# 19 Pension schemes continued

Changes in the present value of the defined benefit obligation are as follows:

		30.09.09	
		£	
	Opening defined benefit obligation	734,300	
	Interest cost	48,700	
	Actuarial losses/(gains)	209,200	
	Benefits paid	(181,600)	
	Beliefits para	(101,000)	
	Closing defined benefit obligation	810,600	
Changes	in the fair value of plan assets are as follows:		
		30.09.09	
		£	
	Opening fair value of plan assets	1,034,200	
	Expected return	53,700	
	Actuarial gains/(losses)	(135,000)	
	Contributions by employer	-	
	Benefits paid	(181,600)	
	Closing fair value of plan assets	771,300	
The amo	unts recognised in profit or loss are as follows:		
THE amo	unts recognised in profit of ross are as follows.		
		30.09.09	30.09.08
		£	£
	Interest on obligation	48,700	48,500
	Expected return on plan assets	(53,700)	(52,700)
	Adjustment in respect of unrecognisable asset	-	4,200
	(FRS17 paragraph 67(c) refers)		
	Total	(5,000)	
	Actual return on plan assets	(81,300)	47,200

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

#### 19 Pension schemes continued

The major categories of plan assets as a percentage of total plan assets are as follows:

	30.09.09
Corporate bonds/gilts	79%
Property	9%
Equities	6%
Cash	6%

#### The expected rate of return on plan assets is determined as follows:

Gilts: the yield on the FT-SE Actuaries 15 year gilt index Corporate bonds: the yield on the iBoxx £ Corporates AA 15+ index

Cash: the Bank of England base rate Equity and property: the above gilt yield plus 4% pa

Deduction for expenses: 0.5% pa

Overall expected rate of return for the year beginning 1 October 2009: 4.4%

### Principal actuarial assumptions at the balance sheet date:

	30.09.09
Discount rate	5.5% pa
Inflation assumption	3.2% pa
Rate of increases to deferred pensions	3.2% pa

Death after retirement: in accordance with the standard mortality tables PNMA and PNFA00 tables, appropriate to each individual's year of birth, with the long cohort improvements and subject to a minimum rate of improvement of 1% pa.

# Amounts for the current and previous four periods are as follows:

	30.09.09	30.09.08	30.09.07	30.09.06	30.09.05
Defined benefit obligation	(810,600)	(734,300)	(847,200)	(1,128,900)	(1,177,700)
Plan assets	771,300	1,034,200	1,016,100	1,216,900	1,324,600
Surplus/(deficit)	(39,300)	299,900	168,900	88,000	146,900
Experience adjustments on plan liabilities	(45,200)	(11,700)	(12,800)	(71,100)	51,400
Experience adjustments on plan assets	(135,000)	(5,500)	14,500	9,100	(2,200)

#### **Scottish Voluntary Sector Pension Scheme**

Friends of the Elderly participates in the Scottish Voluntary Sector Pension Scheme, beginning as from 1 April 2008. The Scheme is a multi-employer defined benefit scheme. The Scheme is funded and is contracted out of the state scheme. The Scheme operates a single benefit structure, final salary with a 1/60th accrual rate.

The Trustee commissions an actuarial valuation of the Scheme every 3 years. The main purpose of the valuation is to determine the financial position of the Scheme in order to determine the level of future contributions required so that the Scheme can meet its pension obligations as they fall due.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

#### 19 Pension schemes continued

The actuarial valuation assesses whether the Scheme's assets at the valuation date are likely to be sufficient to pay the pension benefits accrued by members as at the valuation date. Asset values are calculated by reference to market levels. Accrued pension benefits are valued by discounting expected future benefit payments using a discount rate calculated by reference to the expected future investment returns.

During the accounting period Friends of the Elderly paid contributions at the rate of 18.7%. Member contributions were 7.5% for the same period.

As at the balance sheet date there were 12 active members of the Scheme employed by Friends of the Elderly. Friends of the Elderly has closed the Scheme to new entrants.

It is not possible in the normal course of events to identify on a consistent and reasonable basis the share of underlying assets and liabilities belonging to individual participating employers. This is because the Scheme is a multi-employer scheme where the scheme assets are co-mingled for investment purposes and benefits are paid from the total scheme assets. Accordingly, due to the nature of the Scheme, the accounting charge for the period under FRS17 represents the employer contribution payable.

The last formal valuation of the Scheme was performed as at 30 September 2008 by a professionally qualified actuary using the Projected Unit Method. The market value of the Scheme's assets at the valuation date was £45.1 million. The valuation revealed a shortfall of assets compared with the value of liabilities of £20.4 million (equivalent to a past service funding level of 69%).

Since the contribution rates payable to the Scheme have been determined by reference to the last full actuarial valuation, the following notes relate to the formal actuarial valuation as at 30 September 2008.

The financial assumptions underlying the valuation as at 30 September 2008 were as follows:

	% pa
Investment return pre retirement	6.80
Investment return post retirement	4.60
Rate of salary increases	4.20% for five years and
	4.7% pa thereafter
Rate of pension increases:	
for pensionable service pre 6 April 2005	3.00
for pensionable service post 5 April 2005	2.30
Rate of price inflation	3.20

New employers joining the Scheme pay contributions at the ongoing joint future service contribution rate. This rate applies from the date the employer joins the Scheme to the date of the second actuarial valuation of the Scheme following the date of joining. New employers also pay an additional age loading if the average age of their members is higher than the average age of the Scheme membership. This loading applies from the date the employer joins the Scheme to the date of the second actuarial valuation of the Scheme following the date of joining, or such earlier date as agreed between the SVSPS Pensions Committee and the Scheme Actuary.

Employers that have closed the Scheme to new entrants, including Friends of the Elderly, are required to pay an additional contribution loading to reflect the higher costs of a closed arrangement. This loading is based on actuarial advice and is subject to change from time to time. The loading is currently 3.5%.

Since 1 October 2008 Friends of the Elderly pays at the rate of 18.7%. This comprises the on-going employer contribution rate of 12.5% plus the closed arrangement loading of 3.5% plus 2.7% in respect of deficit contributions. If the valuation assumptions are borne out in practice this pattern of contributions should be sufficient to eliminate the past service deficit at the 2005 valuation, on an on-going funding basis, by 31 March 2022.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

#### 19 Pension schemes continued

Where an actuarial valuation reveals a shortfall of assets compared to liabilities the Trustee must prepare a recovery plan setting out the steps to be taken to make up the shortfall. A copy of the recovery plan must be sent to the Pensions Regulator. The Regulator has the power under Part 3 of the Pensions Act 2004 to issue scheme funding directions where it believes that the actuarial valuation assumptions and / or recovery plan are inappropriate. For example the Regulator could require that the Trustee strengthens the actuarial assumptions (which would increase the scheme liabilities and hence impact on the recovery plan) or impose a schedule of contributions on the Scheme (which would effectively amend the terms of the recovery plan). The recovery plan from the 2008 valuation will be submitted to the Pensions Regulator in due course. The next full actuarial valuation will be carried out as at 30 September 2011.

Following a change in legislation in September 2005 there is a potential debt on the employer that could be levied by the Trustee of the Scheme. The debt is due in the event of the employer ceasing to participate in the Scheme or the Scheme winding up. The debt for the Scheme as a whole is calculated by comparing the liabilities for the Scheme (calculated on a buyout basis i.e. the cost of securing benefits by purchasing annuity policies from an insurer, plus an allowance for expenses) with the assets of the Scheme. If the liabilities exceed assets there is a buy-out debt.

The leaving employer's share of the buy-out debt is the proportion of the Scheme's liability attributable to employment with the leaving employer compared to the total amount of the Scheme's liabilities (relating to employment with all the currently participating employers). The leaving employer's debt therefore includes a share of any 'orphan' liabilities in respect of previously participating employers. The amount of the debt therefore depends on many factors including total Scheme liabilities, Scheme investment performance, the liabilities in respect of current and former employees of the employer, financial conditions at the time of the cessation event and the insurance buy-out market. The amounts of debt can therefore be volatile over time. Friends of the Elderly has been notified by the Pensions Trust that the estimated employer debt on withdrawal from the Scheme based on the financial position of the Scheme as at 30 September 2008 was £456,780.

#### **Career Average Revalued Earnings (CARE) Pension Scheme**

Friends of the Elderly participates in the CARE Pension Scheme, beginning as from 1 April 2008.

CARE is a multi-employer defined benefit scheme. The Scheme is funded and is contracted out of the state scheme.

The main benefits provided by the Scheme are:

- A pension of one-eightieth of the member's career average revalued earnings for each year (and months proportionately) of pensionable service, plus
- Each member has a money purchase account (which is also administered by The Pensions Trust) into which monies are transferred as a result of bonus declarations by the Trustee.

Employers pay contributions at the rate of 10.0% of earnings and members pay contributions based on an agerelated scale (equal to age divided by ten). It is expected that contributions at these levels will be more than sufficient to meet the cost of the core pension benefit.

The rules of the Scheme allow for the declaration of bonuses if this is within the financial capacity of the Scheme assessed on a prudent basis. Bonuses are not guaranteed and are declared at the discretion of the Trustee. No bonuses have been declared by the Trustee since the Scheme commenced in October 2001.

# Notes to the Financial Statements For the year ended 30 September 2009 (continued)

#### 19 Pension schemes continued

The Trustee commissions an actuarial valuation of the Scheme every 3 years. The actuarial valuation assesses whether the Scheme's assets at the valuation date are likely to be sufficient to pay the pension benefits accrued by members as at the valuation date. Asset values are calculated by reference to market levels. Accrued pension benefits are valued by discounting expected future benefit payments using a discount rate calculated by reference to the expected future investment returns.

As at the balance sheet date there were six active members of the Scheme employed by Friends of the Elderly. Friends of the Elderly continues to offer membership of the Scheme to its employees. During the accounting period the Employer paid contributions at the rate of 10.0%.

It is not possible in the normal course of events to identify on a reasonable and consistent basis the share of underlying assets and liabilities belonging to individual participating employers. This is because the Scheme is a multi-employer scheme where the scheme assets are co-mingled for investment purposes and benefits are paid from the total scheme assets. Accordingly, due to the nature of the Scheme, the accounting charge for the period under FRS17 represents the employer contribution payable.

The last formal valuation of the Scheme was performed as at 30 September 2007 by a professionally qualified actuary using the "projected unit" method. The market value of the Scheme's assets at the valuation date was £10.9 million. The valuation revealed a surplus of assets compared to liabilities of £1.5 million, equivalent to a past service funding level of 116%.

The financial assumptions underlying the valuation as at 30 September 2007 were as follows:

	% pa
Rate of return pre retirement	6.1
Rate of return post retirement	5.3
Rate of pension increases pre 5 April 2005	2.9
Rate of pension increases post 5 April 2005	2.25
Rate of price inflation	2.9

The employers on-going future service contribution rate was set by the Trustee at 10.0% of pensionable salaries.

As a result of pension scheme legislation there is a potential debt on the employer that could be levied by the Trustee of the Scheme. The debt is due in the event of the employer ceasing to participate in the Scheme or the Scheme winding up. The debt for the Scheme as a whole is calculated by comparing the liabilities for the Scheme (calculated on a buyout basis i.e. the cost of securing benefits by purchasing annuity policies from an insurer, plus an allowance for expenses) with the assets of the Scheme. If the liabilities exceed assets there is a buy-out debt.

The leaving employer's share of the buy-out debt is the proportion of the Scheme's liability attributable to employment with the leaving employer compared to the total amount of the Scheme's liabilities (relating to employment with all the currently participating employers). The leaving employer's debt therefore includes a share of any 'orphan' liabilities in respect of previously participating employers. The amount of the debt therefore depends on many factors including total Scheme liabilities, Scheme investment performance, the liabilities in respect of current and former employees of the employer, financial conditions at the time of the cessation event and the insurance buy-out market. The amounts of debt can therefore be volatile over time. Friends of the Elderly has been notified by the Pensions Trust that the estimated employer debt on withdrawal from the Scheme based on the financial position of the Scheme as at 30 September 2007 was approximately £90,000.

# For the year ended 30 September 2009 (continued)

# 20 Taxation

As a registered charity Friends of the Elderly is not liable under the provisions of the current legislation to corporation tax and capital gains tax.

# 21 Charities under the common control of Friends of the Elderly

Name	Registered Charity No.
The Sir Thomas Lipton Charity	213300
Harry Livesey Charity	208087
The Pension Charity of William Lambe	234592
The House of Nunn	253961
Charity of James Mew	234600

The income and expenditure and assets and liabilities of these charities are included in these financial statements.

# 22 Members

At 30 September 2009 there were 14 members (2008: 12 members) who each pledge to pay £1 on winding up.



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Her Majesty The Queen

# President

HRH Princess Alexandra

# **Vice Presidents**

Lady Elizabeth Cavendish CVO Sir John Milne (Chairman Emeritus) Lady Gingell Mr R Aisher OBE Mr R Bullough Rear-Admiral A Wheatley CB

#### **Patrons**

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Diana, Lady Farnham CVO
The Rt Hon The Baroness Boothroyd PC
Professor D Brooker
The Baroness Greengross OBE
The Hon Mrs McAulay